

ENG



**TERME
SNOVIK
EMBRACED
BY NATURE**



WELCOME

to the highest altitude thermal spa, Terme Snovik.

Surrounded on one side by the Kamnik-Savinja Alps and on the other by beautiful forests and the pristine nature of the Tuhinj Valley.

Our greatest treasure is the healing thermal water, which the locals had discovered long ago. They used to frequent the naturally flowing water, often visiting the homestead “pri Kovaču,” and even carried it home for drinking and washing.

With outdoor and indoor thermal pools, situated on the edge of the forest, there are eight apartment houses with double rooms and apartments. The resort also features gardens, outdoor gym, playgrounds, and walking paths. Due to its natural surroundings and excellent location in the central part of Slovenia, Terme Snovik is an ideal tourist destination for families during holidays, and throughout the year.

We pride ourselves on having the first Kneipp center in Slovenia, where we treat you based on the five key pillars established by the famous herbalist Sebastian Kneipp (water, movement, nutrition, herbs, balance).



WATER



EXERCISE



NUTRITION



PLANTS



BALANCE

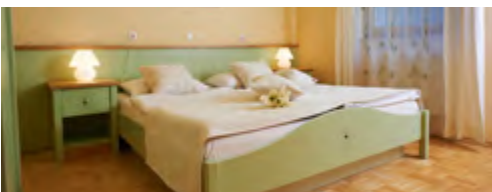
Kneipp

APARTMENT VILLAGE**** AT THE EDGE OF A FOREST

Terme Snovik is comprised of the reception building, restaurant, wellness center, and a pool complex with indoor and outdoor thermal pools, neighbored by eight apartment houses with accommodations offering soothing views of the lush, green valley and surrounding mountains.

The eight apartment buildings offer guests 63 apartments and 31 double rooms. Due to their size, the apartments are particularly suitable for families, offering extra comfort.

UNIT	CAPACITY	SIZE	DESCRIPTION
Apartment A2	2 people	34 m2	Studio: living area with kitchen and bed, bathroom, terrace.
Apartment A4	2 + 2	45 m2	Living room with kitchen and pull-out sofa bed, bedroom, bathroom, terrace.
Apartment A5	2 + 3	45 m2	Living room with kitchen and pull-out sofa bed, bedroom with a double bed and an additional bed, bathroom, terrace.
Paradise Suite	2 + 2	70 m2	Bedroom, living room with kitchen and fireplace, bathroom with sauna and Jacuzzi.
Double room	2 people	24 m2	Bedroom, bathroom, balcony for supplement.





ECO CAMP SNOVIK

Eco Camp Snovik, near the apartment complex, is nestled in the beautiful untouched nature. The excellent location of the camp, surrounded by forests next to a babbling stream, in the pleasant shade of trees, will ensure your perfect relaxation.

The camp offers pitches for motorhomes and tents, with accompanying sanitary facilities and a laundry room, which are open every day of the year.

BUSINESS EVENTS

The beautiful nature of the Tuhinj Valley provides excellent conditions for corporate events and team building outside the city.

There are 4 event spaces available:

- Tuhinjka Hall, accommodating up to 150 guests,
- event tent, accommodating up to 600 guests,
- Hrast Seminar Room, accommodating up to 45 guests,
- Bor Seminar Room, accommodating up to 30 guests.



If there is a remedy for me, it will be water.

Sebastian Kneipp

THERMAL WATER AND HYDROTHERAPY

The water in Terme Snovik is recognized as a natural medicinal remedy and represents our greatest wealth. It contains calcium and magnesium as well as many other beneficial minerals. It is suitable for bathing and drinking, and has a positive effect on bones, skin, and digestion.

The pool complex consists of indoor and outdoor pools. The water in the indoor pool is at a comfortable 32°C, while the massage pool is at a relaxing 36°C.

The outdoor pool with slides, where the water temperature ranges from 26 to 28°C, is a true adventure paradise for children and adults. Outdoor pools are open from mid June to mid September.

In the indoor pool, you will find numerous water hydrotherapies (waterfall, water mushroom, water curtain, geyser, massage bed, fast river, whirlpool, wall and floor water massages, and Kneipp water treatments).



ACTIVITIES

Swimming and guided exercise are the right choice for relaxation and recreation. For exercises to be enjoyable and relaxing, we should adjust them to our abilities, needs, environment, and profession. There are many opportunities for outdoor activities here: walks on marked hiking trails, cycling, and exercises on fitness equipment and 'trim trails'.

Exercise increases the joy of life and helps men and women by strengthening the body.

Sebastian Kneipp

Walking on natural materials of Kneipp barefoot paths represents relaxation for the body and mind. We offer guests the opportunity to rent Nordic walking poles and electric bicycles.





WELLNESS LIFESTYLE

We are living in times where stress and burnout are prevalent everywhere around us. We understand how important it is to find peace and inner balance. We offer various types of wellness services that you can enjoy either as standalone treatments or combined into programs.

You can choose from:

- different types of massages,
- sauna sessions in Finnish, Turkish, and ice sauna,
- facial and body treatments,
- aromatherapy,
- Kneipp services and treatments for better well-being.

LIFE BALANCE

Reconnect with nature. Get to know yourself and refresh your mind. As an extension of the fifth Kneipp element - a healthy lifestyle, which according to Kneipp's philosophy connects all four elements (water, movement, nutrition, and herbs) into a whole for the harmony of body and mind, we have developed numerous treatments and experiences for our guests.

Let yourself go and enjoy various experiences for a healthy mind and body:

- Kneipp barefoot experiences,
- forest experience with meditation,
- relaxation programs in saunas,
- sound baths,
- breathing exercises.





Everybody wants to be healthy and strong and live long, but without doing anything for it.

Sebastian Kneipp

WITH KNEIPP, WE PRESERVE YOUR HEALTH

Sebastian Kneipp (1821–1897), a German priest, hydrotherapist, and herbalist, established a system of five pillars for maintaining the health of the body and mind: water, herbs, movement, nutrition, and a healthy lifestyle. Having cured his tuberculosis in his youth by bathing in the cold Danube, he decided to devote his life to treating people naturally. Kneipp's philosophy of life is simple and suitable for everyone. At Terme Snovik, we have integrated all five pillars of Kneipp's philosophy into our existing offerings, which have been people and environmentally friendly from the very beginning.

We continue the tradition of the Kneipp spa 'Kurhaus' in Kamnik, where they began very successful Kneipp therapies in 1891.

Every day is Kneipp Day. Every day, our guests can enjoy to Kneipp water treatments, morning exercises, and water aerobics. Additionally, every week, we offer evening torch-lit walks to the thermal spring, health strengthening workshops, provide healthy snacks, and herbal tea for our guests.



More from the plant, less from the animal.

Sebastian Kneipp

POTOČKA RESTAURANT

In the Potočka restaurant, where we prepare meals for apartment guests and daily visitors, we offer a selection of classic and local dishes. Our specialty is tuhinj trout, prepared in various ways. We also offer various seasonal local dishes. We grow some vegetables in the garden for preparing meals, and some are offered to guests who cook in the apartments.





WE OPERATE ENVIRONMENTALLY FRIENDLY

From the very beginning of our operation, we have been committed to sustainable development, which is evident in various areas:



In 2008, we were the first to receive the Ecolabel certification for environmentally friendly operations according to the criteria of the European Commission, which relate to energy use, water consumption, fuel use, waste management, and environmental cooperation.



In 2015, we were awarded the “Slovenia Green Accommodation” title.



We use 100% renewable energy sources for our operations: biomass, solar collectors, and heat pumps.



To raise awareness of the importance of self-sufficiency and our own use, we grow our vegetable garden, herb garden, and mini orchard.



The furniture in the apartment settlement is traditionally crafted by local carpenters from ash wood.



By using a biological wastewater treatment plant, we return used water back into the environment.



Green mobility: for internal transportation and guest transport, we use electric vehicles, provide electric charging stations, and organize public local transportation from Ljubljana and Kamnik.



We collaborate with the local population in building sports and social infrastructure and conduct joint activities.

Do not do anything that can harm you.

Sebastian Kneipp



*Everything in due course and
everything in moderation.*

Sebastian Kneipp

ENTERTAINMENT

Well-being is always associated with relaxation and fun. During the summer and holiday seasons, entertainment at the indoor and outdoor pools is aimed at couples and families, who are entertained by animation team and our mascot Palček Snoviček with their mischief.

Throughout the year, we also provide programs for the entire family to participate in and connect. These include various workshops such as tea and soap making, preparation of various healthy dishes, torch-lit hikes, treasure hunts, visits to farms with homemade yogurt making. Anyone willing to find their happiness helps others find it too.



TIPS FOR TRIPS

The Tuhinj Valley, where our spa is located, offers a beautiful and quaint natural environment. The surrounding forests provide freshness in summer and a stunning landscape in winter.

In our immediate surroundings, you can also visit:

Velika planina (16 km):

An easily accessible plateau with a magnificent view of the Alps all the way to Ljubljana and Trieste. You can enjoy visiting traditional shepherd villages, observing the lives of shepherds and livestock, and trying typical mountain delicacies.

Source of the Kamniška Bistrica River (14 km):

An untouched natural environment with crystal clear spring water and a natural habitat for forest animals.

Kamnik (9 km):

The town is nestled in the embrace of the Kamnik-Savinja Alps and is considered one of the most beautiful medieval towns in Slovenia.

Arboretum Volčji Potok (12 km):

A flowering oasis in the heart of Slovenia, which showcases a new look every month of the year. The park blooms with over two million tulips every year. Enjoy a peaceful, quiet, and relaxing walk in the park.

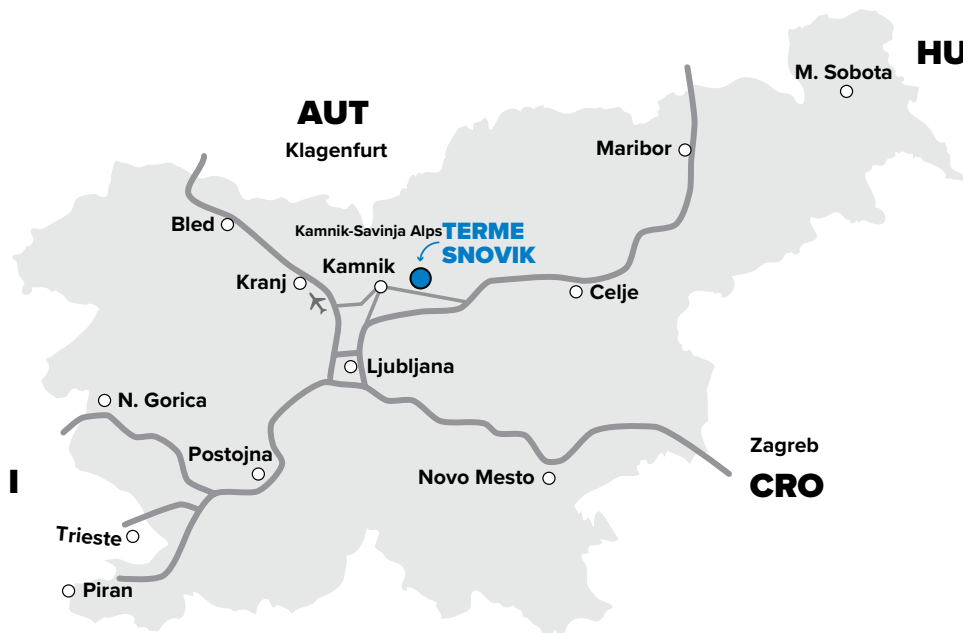
Healing grove Tunjice (11 km):

With 10 healing points, it has scientifically proven healing effects on various physical and mental conditions. They also have their spring and a filling station for Living Water.

Krvavec Ski Resort (26 km):

The Krvavec Ski Resort is located on the outskirts of the Kamnik-Savinja Alps and offers 30 kilometers of groomed ski slopes, ranging from 1450 to 1971 meters above sea level.





Distance:

Kamnik	→	8 km	Zagreb	→	165 km
Ljubljana	→	25 km	München	→	410 km
Klagenfurt	→	90 km	Budapest	→	430 km
Trieste	→	130 km	Beograd	→	555 km

Terme Snovik

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